

LGT - LIFE-GIVING TOOLS SERIES

(Trainers' Module & Open Module)

The Life-Giving Tools (LGT) Series seeks to equip a disciple of Christ with four life-giving tools for the long haul of life and ministry.

This inner-life series will help you carve out a rhythm that will cultivate a posture of attentiveness to God in everyday life so that you may experience the reality of a loving God who is All-Present and All-Knowing. Out of this centeredness in Christ is where our active life in the family, church, marketplace and the world shall spring forth from.

LGT-R1 : Retreat on Deepening Reflection & Formation in Ministry

This training-cum-retreat is for existing facilitators in any ministry who desire to learn tips on how to facilitate formation and reflection work in their work/ministry in church. How can we help others become more self-aware in order that they hear and see God at work?

LGT-R2 : Retreat on Knowing God, Self & Others

This retreat (for LGT Trainees) provides you the space and time for reflection, prayer and community through learning to listen to ourselves, to one another and to God.

LGT-M1 : Prayer & Hearing the Voice of God

Introduction to the contemplative tradition of prayer through the disciplines of silence, solitude & scriptural meditation. How can we cultivate a rhythm that helps us pay better attention to His Voice and His invitations to us?

LGT-M2 : Life-Giving Practices to Renew Habits of the Heart

What is the role of spiritual disciplines and practices in the spiritual life? How can these spiritual practices open our hearts to be attentive to God so that the Holy Spirit can do His work of transformation and recreate new habits of the heart?

LGT-M3 : Discernment, Knowing and Doing the Will of God

How do we discern the voice of God in the midst of the many voices within us and around us? What is discernment in light of our decision-making & life choices? What is the role of discernment in helping us clarify, listen and obey the 'will of God' in our lives?

LGT-M4 : Becoming a Friend on the Journey

How do we create space in our hearts so that we can host another in deeper conversations that will benefit the soul and help others pay attention to what God is doing? What does it mean to be a companion and a friend on the journey?

INSTITUTE FOR CHRISTIAN MINISTRY

The Institute for Christian Ministry (ICM) is a training arm for Trinity Annual Conference (TRAC) which began in March 2008 with the aim of strategically consolidating the training needs of the TRAC churches in the areas of spiritual formation, leadership development and practical skills for ministry. We are committed to building the life of God's people and their leaders for the long haul in ministry and a deepening life in Christ. ICM seeks to develop courses that are relevant, integrated and practical to meet the needs of the local churches and the conference. We pray that these equipping avenues will 'prepare God's people for works of service, so that the Body of Christ may be built up until we reach the unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.' (Eph 14:12-14).

The ICM 2012 brochure presents various equipping and renewal opportunities for you, your leaders and your congregation. ICM invites you to set aside, as part of your regular rhythm of life in Christ, time for the renewing and strengthening of your soul, spirit and body.

ICM offers four equipping tracks for 2012:

- Organizational Leadership Module (OLM)
- Spiritual Formation & Leadership (SFL) Weekends
- Contemplative & Silent Retreats (CSR)
- Life-Giving Tools (LGT) Series

For more INFORMATION (fees, facilitators, etc)
and ON-LINE REGISTRATION go to
www.trac.org.my
under the ICM link

FOR FURTHER ENQUIRIES:

Please direct all enquiries, calls and emails to:

The Director

Institute for Christian Ministry (ICM)

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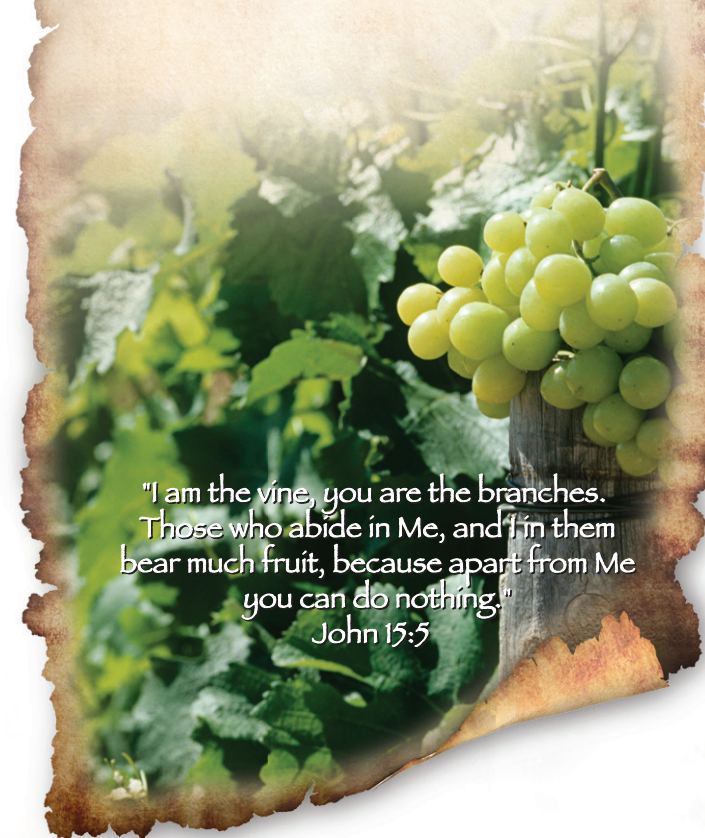
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PROGRAM SCHEDULE 2012



"I am the vine, you are the branches.
Those who abide in Me, and in them
bear much fruit, because apart from Me
you can do nothing."
John 15:5

ICM PROGRAM SCHEDULE 2012

DATE	CODE TYPE	PROGRAM/EVENT	VENUE
Feb 18-19 (Sat & Sun)	OLM-P	Organizational Leadership Module (OLM) - Perak Facilitators: OLM Team	Canning Garden Methodist Church, Ipoh
March 2- 4 (Fri to Sun)	SFL3	Spiritual Formation & Leadership (SFL) Module 3: Discernment – The Heart of Spiritual Leadership Facilitators: Dr Voon Choon Khing, Dr Lilian Koh & Mr Cheong Seng Gee <i>This retreat focuses on discernment as the heart of spiritual leadership. How do we as leaders integrate personal and communal discernment in our own lives and ministry as we follow the ways of Christ & the Spirit?</i>	Rumah Methodist, Frasers
March 13-15 (Tue to Thurs)	LGT-R1	Retreat on Deepening Reflection & Formation in Ministry Facilitator: Mr Koichi Ohtawa	Rumah Methodist, Frasers
March 16-19 (Fri to Mon)	LGT-R2	LGT Retreat on Knowing God, Self and Others Facilitator: Mr Koichi Ohtawa	Rumah Methodist, Frasers
April 21 (Sat) 10 am–4 pm	LGT-M1	LGT Module 1 - Prayer & Hearing the Voice of God Facilitators: Rev Dr Chew Tow Yow & Dr Lilian Koh	Emmanuel Methodist Church, PJ
May 1-5 (Tue to Sat)	CSR-1	5-Day Individually-Directed Retreat Facilitator: Rev Dr Ong Hwai Teik <i>This extended silent retreat integrates scriptural meditation, prayer and daily one-on-one session with the Spiritual Director. The focus of the retreat is learning to be attentive to the movements and invitations of God.</i>	Chefoo Methodist Centre, Camerons
May 25-27 (Fri to Sun)	CSR-2	Women's Retreat: Quest for Intimacy Facilitator: Ms Wong Moi Lee <i>Carve out for yourself a space to get away from the distractions of busy city life to soak quietly in the spirit of listening prayers. Make this encounter with God a memorable one as you spend intimate time with Him in silence and solitude.</i>	To be confirmed. Enquiries : Mrs Shakuntala Abraham Tel : 016-3199517 / email : shakunabraham@hotmail.com
June 1-3 (Fri to Sun)	CSR-3	Educator's Retreat: Renewed to Teach Retreat Facilitator: Rev Dr Chew Tow Yow <i>Teaching is a calling and years of faithful labor may sometimes leave us feeling tired or tiresome. When tiredness sets in, it is time to revisit our calling, deepen our intimacy with God and renew the vocational call. This retreat provides you with a time of personal renewal in the company of fellow travelers on the journey.</i>	Rumah Methodist, Frasers
June 30 (Sat) 10 am–4 pm	LGT-M2	LGT Module 2 - Life-Giving Practices and Habits of the Heart Facilitators: Dr Voon Choon Khing & Rev Yong Wai Yin	Emmanuel Methodist Church, PJ
July 23-25 (Thurs-Sat)	CSR-4	'Healing of Woundedness in Ministry' Retreat Facilitator: Dr Steve Seamands <i>Relationships and people are God's greatest means of grace for us. They sometimes trigger sinful vices of the heart like anger, envy, sloth, lust, etc. How can we view these crucibles in ministry as challenges God uses to shape our souls towards greater wholeness and healing?</i>	Chefoo Methodist Centre, Camerons
Aug 3-5 (Fri-Sun)	CSR-5	Pentecost Retreat Facilitator: Rev Peggy Seow <i>This retreat seeks to lead the retreatant to explore prayerfully how the Holy Spirit desires to illuminate, renew and direct us - in our life, decisions and plans.</i>	Rumah Methodist, Frasers
Aug 11 (Sat) 10 am–4 pm	LGT-M3	LGT Module 3 - Discernment, Knowing & Doing the Will of God Facilitators: Rev Peggy Seow & Mr Cheong Seng Gee	Emmanuel Methodist Church, PJ
Oct 2-6 (Tue to Sat)	CSR-6	5-Day Individually-Directed Retreat Facilitator: Rev Dr Ong Hwai Teik <i>This extended silent retreat integrates scriptural meditation, prayer and daily one-on-one session with the Spiritual Director. The focus of the retreat is learning to be attentive to the movements and invitations of God.</i>	Chefoo Methodist Centre, Camerons
Oct 5-7 (Fri to Sun)	SFL4	Spiritual Formation & Leadership (SFL) Module 4: Spiritual Formation in the Church & Beyond Facilitator: Rev Dr Chew Tow Yow <i>This module looks at the voices and faces of spiritual formation in church. Areas emphasized will be the stages of growth of a church and the importance of nurturing spiritual communities for mutual growth and on-going deepening work for the Church of Christ.</i>	Rumah Methodist, Frasers
Oct 13-14 (Sat to Sun)	OLM-S	Organizational Leadership Module (OLM) - Southern Facilitators: OLM Team	Wesley Methodist Church, Segamat
Oct 20 (Sat) 10 am - 4 pm	LGT-M4	LGT Module 4 - Becoming a Friend on the Journey Facilitators: Alvin Ung & Ng Wai Ling	Emmanuel Methodist Church, PJ
Nov 1-8 (Thurs to Thurs)	CSR-7	8-Day Individually-Directed Retreat Facilitators: Dr Voon Choon Khing & Ng Wai Ling <i>This extended silent retreat integrates scriptural meditation, prayer and daily one-on-one session with the Spiritual Director. The focus of the retreat is learning to be attentive to the movements and invitations of God.</i>	Rumah Methodist, Frasers

KEY: • OLM – Organizational Leadership Module • SFL – Spiritual Formation & Leadership Weekend • LGT – Life-Giving Tools • CSR – Contemplative & Silent Retreat

OLM - ORGANIZATIONAL LEADERSHIP MODULE

(For Leaders in LCEC & Ministry Heads)

The TRAC OLM is a joint-initiative by the Board of Ministry, Board of Laity and the Institute for Christian Ministry. This 4-session module seeks to provide a platform for leaders and pastors to engage on matters related to organizational leadership issue in the local churches. A framework of theological, biblical and Methodist understanding of church governance and related issues will be discussed. The OLM Module covers:

- Session 1 : The Church - The Big Picture of the Body of Christ
- Session 2 : The Church - The Rhyme of Rhythm of the Heart in Spiritual Leadership
- Session 3 : The Church - The Nuts & Bolts of the Organizational Structure
- Session 4 : The Church - The Handles of Life-Giving Meetings & Decision-Making

OLM-P/ OLM-S

SFL - SPIRITUAL FORMATION & LEADERSHIP WEEKEND

(Spiritual Formation for Leaders in Ministry)

SFL Weekends are 3D2N intensive stay-in weekends of training in spiritual formation for leaders. Each season of SFL covers 4 retreats over 2 years. The focus is on the formation of the leader and his inner life. SFL hopes to nurture a holistic development of a spiritual leader. The four modules of SFL are:

- SFL1 : Personal Spiritual Formation (2011/2013)
- SFL2 : Personal Leadership Competencies (2011/2013)
- SFL3 : Discernment - The Heart of Spiritual Leadership (2012/2014)
- SFL4 : Spiritual Formation in the Church and Beyond (2012/2014)

Disciplines like silence, solitude & scriptural meditation are integrated into the weekends. There are input sessions and one-to-one spiritual direction for all leaders at the retreat.

The completion of all four SFL weekends is equivalent to one elective unit for LPL.

SFL3/SFL4

CSR - CONTEMPLATIVE & SILENT RETREATS

(Spiritual Formation for Beginners & Maturing Christians)

Contemplative & silent retreats are designed for those who desire to experience or be exposed to the contemplative tradition of prayer. These retreats integrate extended periods of silence, solitude & scriptural meditation. Retreatants will follow the guidance and direction of a Retreat Director. Different amount of input/teaching sessions will be provided depending on the type, theme and length of the retreat.

CSR-1 / CSR-2 / CSR-3 / CSR-4 / CSR-5 / CSR-6 / CSR-7