

THE HEALING POWER OF FORGIVENESS

A RETREAT BY DR STEPHEN SEAMANDS

23 - 25 JULY 2012 (MON - WED), CAMERON HIGHLANDS

JOINTLY ORGANISED BY TRAC ICM & CGMC



Dr Stephen Seamands is a professor of Christian Doctrine and has served at Asbury Theological Seminary since 1983. He received his advance degrees from Asbury Theological Seminary and Princeton Theological Seminary and his PhD from Drew University.

Dr Seamands was a pastor with the United Methodist Church in New Jersey and Kentucky for more than a decade. He is currently active in leading retreats and renewal events in local churches and seminaries and has a deep concern for the spiritual needs of pastors and Christian leaders.

He has authored several books including *Wounds that Heal: Bringing Our Hurts to the Cross*.

He and his wife, Carol have four children and eight grandchildren.

23rd - 25th of July 2012 (Mon - Wed) Chefoo Methodist Centre, Cameron Highlands

Fees Per Person: RM240 (Triple/Quad), RM280 (Twin), RM320 (Single)

Register (By 15th of June 2012)/Enquiries:

CGMC (Christina/Carolina) 05-546 2023 or email cgmipoh@streamyx.com or
ICM (Wai Ling) 03-7954 2836 or email wailing.ng@trac.org.my

ON-LINE REGISTRATION at www.trac.org.my

Forgiveness is not only at the heart of the Christian faith, it is also absolutely crucial in receiving healing for the emotional and spiritual wounds we have experienced and in restoring broken relationships with others.

In this retreat we will explore this important subject in depth in order to experience deep healing in our own lives.

We will also help Christian leaders understand the dynamics of forgiveness so they can help others in their struggle to forgive.

Here are some of the difficult questions we will consider:

Can I forgive someone when I don't feel like it?

Will I ever be able to forgive and forget?

Do I need to confront the person who harmed or hurt me?

How can I forgive myself for things I have done?

If I forgive, will all my negative feelings for someone who hurt me go away?

Come learn and experience firsthand, "The Healing Power of Forgiveness."