







SCRIPTURAL MEDITATION REFLECTIVE & INTERACTIVE & PRAYER



EXERCISES



COMMUNITY SHARING

"Our challenge is to unmask the divine in the natural and name the presence of God in our lives." (David Benner)

This retreat uses life-map as a tool for reflection, prayer and conversation. The weekend is carved out to give you the space to look at your personal history, trace the hand of God in the past and prayerfully gain a discerning heart to live fully in the present and in doing so, hear His invitations to you for the way forward. The weekend encompasses times for reflection and space for recollection of your life story. You will experience sacred companionship with other women as you learn & practice holy listening through sharing and holding one another's stories. This is a weekend for you to come away to pause and ponder on your life, (both the redeemed and seemingly unredeemed parts) before the presence of your Maker, together with a community of faith.

The retreat begins with check-in by 4 pm on Friday, 12/07/13, followed by dinner at 6.30 pm and first intro session at 8.00 pm. Retreat ends on Sunday, 14/07/13 after lunch. The Retreat Facilitators are Lim Siew Lan and Ng Wai Ling, your fellow companions on the journey and partners of ICM in formation & retreat ministry. They look forward in welcoming you for an encounter weekend with yourself and your loving Creator, Healer and Redeemer.

