

WATER

John 4:14 But whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

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ISSUE ONE



From left: Guests group photo, Anniversary "Cup Cakes", Invites

ICM is 5 years old!

by susan tan, TRAC team assistant

ICM celebrated it's 5th Anniversary on July 20, 2013

It was a beautiful sunny Saturday, marred only by the annual haze phenomena. But despite that, all our invited guests turned up at the Council of Churches, Malaysia, Exhibition Hall, cheerful and ready to celebrate. It was somewhat like a gathering of magpies, with everyone chattering away, catching up with one another. Everyone was delighted to see everyone!



Eventually some broke away to walk the gallery where we exhibited the various courses offered by ICM in the past 5 years - Spiritual and

Contemplative Retreats, Spiritual Formation and Leadership Modules, Life Giving Tools, Organizational Leadership Module, The Journey, Training of Trainers and Public Lectures.



There was also a section titled "Expressions of Finding God in All Things" which showcased photos, collages, and a poem, all of which are Spirit inspired

works birthed out of times of worship and contemplative meditation on God, His Word and life!



Agenda

3pm

Arrival of Guests

Walk the Gallery and Experience the
Interactive Prayer Stations

4pm

Celebrate in Worship

Video Presentation
(The ICM Journey)

ICM Origins and Now
(Gratitudes to God)

Mr Goh Keat Seng - 1st Chairman of ICM Board

Celebrate Communal Gratitudes,
Blessings and Prayers

Reflections on the way forward-
What is God inviting us to?
Rev T. Jeyakumar, TRAC President

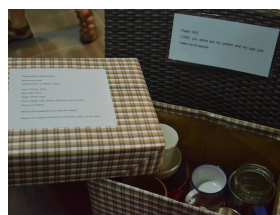
Closing & Thank You

Mrs Goh Kim Guat - Chairman of ICM Board

Group Photograph

Tea Reception

A Surprise awaited our guests.....



*Clockwise from left: **Walk** the Paths of Righteousness, **Discover** God in the Everyday (exploring objects eg cups, ropes,, seeds etc while meditating on a related scripture verse), **Sit** in the Hiding Place*

Food for the Soul

The four of us who were planning for this celebration were of one heart and mind in wanting guests to take home something meaningful and of value. Speeches and eating were well and good but we wanted something special to happen! God dropped the idea of Interactive Prayer Stations into Terry and Timothy's mind. Where I was pretty enthusiastic about the anniversary celebration as it gave me the opportunity to work on things more creative than organizing retreats, I was positively jumping with excitement after Terry and Tim introduced the concept of the Prayer Stations! So was Wai Ling but in her more demure manner. :)

Guests were invited to enter into one, two or all three of the Prayer Stations to pause and ponder, to be attentive to how God may speak to us through everyday life and every creative process and moment. Many found it to be a meaningful experience and since then, some have indicated an interest to bring this experience back to their church community! Wai Ling and I marvel at how God can use a simple anniversary celebration to touch the lives of people beyond our guests for that day.

Since then, we have prepared a guide on setting up the prayer stations for those who wish to run it with their church groups. Please

contact me (Susan) if you wish to have a copy of the guide.

Food for the Tummy

No celebration would be complete without food and I certainly wouldn't be Malaysian if I didn't write about it. There were curry puffs, spring rolls, yam cake, "kau chi", nyonya kuih, and chocolate cake. And of course, the Anniversary "Cup Cakes". Happy 5th Anniversary, ICM!



Top to bottom:
1. Tea Reception (photo does not do the food justice)
2. Guests enjoying yummelecious food
3. Cake cutting
4. Passing out the cup cakes



Clockwise from left: Mr Goh Keat Seng, Rev. T. Jeyakumar, Mrs Goh Kim Guat