



44th SESSION TRAC

Come, follow, become like

JESUS



My Joy of Being a Pastor

(Shared by Rev. Dr. Andrew Tan on Pastor's Appreciation Sunday)

First of all, I want to say a big thank you to all of you and especially to those of you who put together today's Pastor's Appreciation Sunday.

CGMC has a special place in our hearts. You have received and accepted us, encouraged and supported us, you have been receptive of and responsive to our ministry all these years.

People usually say that to be a pastor is to make sacrifices. From the worldly point of view, that may be true. I remember one day when I went to my classmates gathering. As I parked my car, I realized that my classmates' cars were bigger and more luxurious cars than mine. And most of them probably live in big houses and high-end apartments. And I remember thinking, "Hmm ... did I lose out somewhere by being a pastor? Especially when my classmates were not as clever as I was in school." But such unspiritual thoughts were only momentary, when I was feeling not so "holy"!!

Overall, it has been a joy for me and my family to be in the pastoral ministry. Why so? First, after 36 years in ministry, I still have this growing conviction of the importance to preach and teach God's Word! Our technical world may advance, our culture may get more sophisticated but people still need the truth, the truth of the gospel. And as a minister, I have the opportunity to proclaim this truth that offers faith, hope, and love, truths that brings assurance, meaning, and strength. So I feel privileged to be involved in God's work that has eternal value.

Secondly, it is fulfilling to see God at work in people's lives and their faith strengthened in response to our prayers, counsel and visit. We are thankful also for friendships formed as we share in the joys as well as the sorrows of various church members.

Third, it has also been exciting to be involved in starting certain ministries in various churches and seeing the ministries continue to grow even after we moved on to other churches. In CGMC, we saw the membership

grew from 200 to about 800, the CG ministry grew from 6 CG to about 40 CG. Anna started the kids church. CGMC planted 3 churches, started vernacular services, expanded on our mission involvement, saw the increase in the church budget, and built the Shekinah Sanctuary. In KL

Wesley, I was instrumental in getting 42 CG to be started. Anna started the Kids Church. These 2 ministries are still active there. In EMC, we bought 5 more shop lots to add to the existing 5 lots, making it 10 lots. We had to raise RM3.5m, and we did it in 18 months. These are the external, visible exciting growth, but by itself apart from spiritual growth they would be meaningless.

Fourth, all our basic needs were met while doing our pastoral work. My time was solely given to the work of ministry. And the bonus is that I could do it without the burden of worldly demands. We don't have stress or worry from the competitive world (apart from some difficult members). My family was with me all the time until our children reached college age. Anna and I could spend plenty of time with them – something which was a luxury. To this day, our family are closely knitted. Our children have fond memories of the church. They believe in the church and are involved in church ministries. Today, I understand better the verse that says, "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

So thank you all for your appreciation. I have been very thankful that God has called me to ministry.



Thank God for our OA Students

By Pr Robert Khaw, Subang Methodist Church



Group photo at the TRAC office



At Subang Methodist Church

It all started with a whatsapp message:

"I will connect all of them to you later so that they could be fetched to the church. They will start their course on 6th August in Bandar Saujana Putra."

Our President Rev Dr T Jeyakumar was referring to a group of Orang Asli students. They had signed up to study in MAHSA University. Their course started on 6 August 2019.

Currently, 11 of them (comprising 9 girls and 2 guys) are pursuing an Executive Certificate in Healthcare Assistance course.

After their 3-month course, they will go for practical training. Thereafter, they will go into full employment. Later, they will be joined by 2 more OA students, who will begin their 2-year Diploma in Nursing course.

The Orang Asli students come from the villages in Kuala Lipis. They had studied in Raub. They are the children of our brethren under the Persidangan Misi Sengoi Malaysia.

Kamal, together with his wife Pastor Shuria Wali, brought the first batch of OA students to meet our President in TRAC Office on 5 August.

Thank God, a kind-hearted couple of Subang Methodist Church made available their condominium unit to accommodate all the students. Not only this, members shuttled them from where they stayed for the night to the campus the next morning for their registration

Thank God too for a couple of Cell Groups and some individuals, who were like the ravens that supplied food to Elijah! (1 Kgs 17:4, 6) We had been earlier informed that the hostel cafeteria would be closed during the long weekend because of a public holiday.

They also had the opportunity to visit the Museum and Art Gallery of Bank Negara Malaysia at Sasana Kijang. It was a wonderful time of discovery and learning for them in the Art, Numismatics and Economics galleries, before heading to our members' home for home-cooked nasi lemak lunch and 'getting-to-know-you' games. Thank God for the wonderful time of bonding.

Thank God for the OA students worshipping with us in SMC. We are privileged to host them and care for their well-being. They are like anak angkat to us.

Pray for them to trust God in coping with their studies, to watch over each other in love, and to keep focused on Christ Jesus.



In members' home



At Sasana Kijang - BNM

The Second Asian Methodist Mission Platform 2019



Attendees at the Second Asian Methodist Mission Platform, 2019

The second meeting of the Asian Methodist Mission Platform was held in Ho Chi Minh City from 23-26 July, 2019. This body was established by the Asian Methodist Council to bring together Methodist organisations and churches to explore partnerships and possible synergy in works of mission in Asia. This is the Methodist connectional system at work. In this way, the scope for working together, in the expansion and extension of His Kingdom in a particular region can be explored.

The Methodist Church in Malaysia was represented by Rev. Boh Che Suan, CAC Missions Board Chairman, Rev Grace Wong, SCAC Missions Director and Mr. Alan Yong, Chairman, Council of Mission, MCM. Mr John Ling

of SCAC was in attendance as a representative of the Asian Methodist Council. The other representatives were from the Methodist Churches from Korea, Singapore, Australia, Vietnam, Hong Kong, Philippines and Global Board of Missions of the United Methodist Church, USA.

An event that brought joy to the conference was the presence of several leaders of the different Methodist churches or groups in Vietnam. This is the first time that such a meeting had taken place for them. There are at least five groups of Methodist churches in Vietnam. The situation has arisen because in the early years groups from Korea and the US began separate works in the country. Also, in one case, a church leader chose to



Mr. John Ling, 5th from left with Vietnamese Methodist leaders

The Second Asian Methodist Mission Platform 2019



Morning worship

start another Methodist church! Seemingly, there is no law to prevent such an incident and in the circumstances it would not be wise to involve the authorities. The discussions led to the need to look at the different churches coming together. The recent establishment of a Methodist Church in Cambodia, which did take a long time, is an encouragement. Importantly, it would be up to the local leaders to find a way to unity. AMC will, of course, assist in any way possible, so that there is just the one Methodist church in the country. Incidentally, a missionary from a local TRAC church is working under the covering of one of the churches.

The situations in two restricted countries were noted and discussed. Rev Dr. DC informed the meeting of the existence of All Nations Theological Seminary

established by the Korean Methodist Church in Siliguri, India. A local TRAC church will potentially be using the school as a location for training of leaders from nations bordering Siliguri.

Representatives shared on the major works in the different countries. An AMMP Directory of these works is available through the Council of Mission, MCM (please contact Alan Yong, ayfy19@gmail.com).

We thank the Korean Methodist Church and United Methodist Church for organising the conference.

The next Asian Methodist Mission Platform will be held from 30 June to 2 July, 2020 at a location to be decided upon.



Meal fellowship



Final session of 2nd AMMP

Trinity Methodist Church Sungai Buloh



On Sunday 28 July 2019, Trinity Methodist Church Sungai Buloh witnessed its 15th Anniversary Service Celebration. In conjunction, the church had a dedication service of the newly purchased ground floor Lot 50A & newly installed elevator. May God bless the late Madam Chew Lee Ket and family for their kindness and generosity and for making the purchase of the shop lot and elevator installation possible.

During the 15th Anniversary Service, Rev. Buell Abraham welcomed all and delivered the pastoral prayer. Ps. Soh

Tian Soo then took us down memory lane and reminded that the church started as a preaching point of Trinity Methodist Church Petaling Jaya in 1999 and became a Local Conference in 2004. His presentation focused on thanking God for His faithfulness and blessings. The service continued with a choir offering of the song, "The Prayer" followed by song presentation by the Blessed Zo Refugee Childcare Centre. TRAC President, Rev. Dr. T. Jeyakumar then gave a sermon entitled, "The Sign of God's Power" which was scripturally based on Revelation 8: 1-13. He highlighted that "God will deal



15th Anniversary Service Celebration



against those who are against God” & “Importance of praying boldly”. The service continued with the baptism of three persons.

The congregation then proceeded downstairs for the dedication service of the new property and elevator officiated by Rev. Jeyakumar. This was followed by lunch.

It is such a joy to see so many people making a special effort to attend our church anniversary including the founding pastors and members. It is tremendous God’s blessing!

Thanks and praises be to our God!!!



Treacher Methodist Girls' School Taiping, Perak

130th Thanksgiving Service, 14th September 2019

by Dr. Teh Lei Choo
Chairman, TMGS Board of Governors



It's September... and it's hazy days again for many parts of the country including Taiping town. On clear days, you can make out the trees on the hills forming the skyline of Taiping, but during this spell, the hills were just a blurry outline. However, the morning of 14th September dawned bright and clear. It was as if the haze cleared ushering in the joyous celebration of 130 glorious years of Treacher Methodist Girls' School Taiping (TMGS)!

TMGS was established in 1889 as the first English Girls' school in the Federated Malay States. It has touched the lives of generations of young women, an education system opened to all girls, irrespective of race, religion, ability or social status. We praise God for the early Christian missionaries whom He sent to bless and impact the lives of young girls who passed through the portals of TMGS. Today, we celebrate and remember with gratitude the contribution of TMGS Taiping to society and nation building.

The school looked pristine as guests strolled into the school to share in this significant milestone in the history of TMGS. The event was well attended by more than 120 church members, old girls of the school and well-wishers. Pastor Joshua started the Thanksgiving Service with an opening prayer. He shared that it is very special for us to revisit a page of our history, to hold the 130th Thanksgiving Service in the school hall.

In the early days, Sunday Worships were held in the school hall because there wasn't a separate church building yet. Pastor also reminded the congregation to remember with gratitude and thanksgiving to God for the early missionaries who came to British Malaya to serve God and the people.

The opening hymn "How Great Thou Art" was ably led by our elegant liturgist, Ms. Polly Tan. This was followed by the school song led by the young members of the Christian Student Fellowship. The congregation sang songs of praise and worship with much jubilation thanking the God for His blessings and providence. There was also a choir presentation, very beautifully delivered by the Wesley Taiping Church Choir.

The event was made even more meaningful with the presence of a special guest, Dr. Maxine Olson, Miss Della Olson's niece. Miss Della Olson was the School Principal from 1935-1941, and again in 1946-1952, in post-World War II. Dr. Maxine brought greetings from the United Methodist Church in Viroqua, Wisconsin, Miss Della Olson's home church. Miss Olson frequently wrote to her home church with news, updates and prayer requests for TMGS and Wesley Taiping. The special bond between UMC Viroqua and Wesley Taiping continues over the years and this special bond is kept intact and vibrant as Dr. Maxine continues to visit TMGS and Wesley Taiping over the years. On this

Treacher Methodist Girls' School Taiping, Perak

130th Thanksgiving Service, 14th September 2019



special occasion Dr. Maxine and Pastor Joshua Khong exchanged souvenirs marking the bond between the 2 churches.

The Service was graced by Rev. Dr. T. Jeyakumar, the President of TRAC, who delivered the sermon entitled "We Must Work Together". He stressed that Education is a very important area in nation building and that all members of the community should work together in this area for the betterment of society and for the benefit of future generations. He shared that we can all learn from Nehemiah, which is the story of the rebuilding of the walls of Jerusalem. Nehemiah teaches about all coming together to serve God, irrespective of one's abilities – as in Nehemiah 3:1-5. Not all will be able to contribute equally, for each has different skills, capabilities, time and resources; but it is about giving one's best in serving God. He expressed the hope the Church will continue to support and nurture the school in the coming years, for the glory of God.

It was an inspiring sermon for me, for I can see this acting out before me during the organization of this event under the able leadership of Ms Alice Wong Nai Nyuk. Most of the church members who were approached to help accepted their tasks willingly and gave of their time, energy and resources without hesitation.

The service ended with closing prayer and benediction by Rev. Dr. T. Jeyakumar.

This was followed by refreshments in the School Canteen. There was much camaraderie and laughter as the guests had fellowship with one another. Some former students took the opportunity to walk down memory lane and happily took photos of their alma mater.

The day ended with much joy and hope that the school will continue to be a beacon of light for the community and a catalyst for nation building and progress in the years ahead.



TRAC LPL modules, Wesley Methodist Church, Sitiawan (2019-2020)

by Rev. Joshua Khong



Wesley Methodist Church Sitiawan, in Perak District, will be the centre for LPL Modules for the year 2019-2020. The schedule for the eight LPL modules is as follows:

2019	2020
Old Testament (Compulsory Module) Facilitator: Rev Joshua Khong Dates: 13-14 July	Spirituality and Discipleship (Compulsory) Facilitator: Rev. Dr. Chew Tow Yow Dates: 29 Feb – 1 Mar
Youth Ministry (Elective) Facilitator: Dr Herbert Tan Dates: 10-11 August	Methodism (Compulsory) Facilitator: Rev. Dr. Andrew Tan Dates: 18-19 April
Christian Doctrine (Compulsory Module) Facilitator: Bishop Emeritus Dr Hwa Yung Dates: 28-29 September	Homiletics (Compulsory) Facilitator: Rev. Dr. T. Jeyakumar Dates: 27-28 June
Church History (Elective) Facilitator: Ms Aileen Khoo Dates: 5-6 October	New Testament (Compulsory) Facilitator: Rev. Yong Wai Yin Dates: 25-26 July

We praise God for the encouraging response for the Old Testament LPL module taught over the weekend of 13-14 July 2019. We received an overwhelming record of eighty-four participants for the module; with twenty registered as credit students. Participants came from Petaling Jaya, Kuala Lumpur and other sister churches in Perak District.

Wesley Sitiawan's LCEC Chairman, Mr. Sam Tuck Wah, kindly offers the conference room at DKLS BizHub to accommodate the huge number of participants. Sam and his wife, Soo King, are perfect hosts attending the needs and comfort of participants and ensuring the smooth flow of activities for the weekend, i.e. classes, lunch and tea-breaks.

TRAC LPL modules, Wesley Methodist Church, Sitiawan (2019-2020)

Participants from Perak District give very positive feedback and appraisal for the LPL weekend. Many are thankful that LPL modules are brought to Perak District and they look forward to attending the following modules in Sitiawan.

Here are some of the feedback and appraisal from some of the participants:

LPL course has taught me to understand the Old Testament better. It gives an overview of all the books in it. The two-days weekend course definitely has helped me to learn OT faster than to read it up by myself. Pastor Joshua guided us through the interesting and important history of Israel, I am amazed by how they are connected and influence the world today. I am once again reminded that God's nature and character is the same, yesterday, today and tomorrow, always full of love and compassion, though His approach in some parts of the OT seemed harsh to our understanding. This is my take home lesson, "we shall walk by faith and not by sight, and be opened to know God's own heart."

Rou En – WMC Sitiawan

The LPL course on Old Testament was indeed an eye-opening course for many of us. There were more than 80 participants, from Wesley Sitiawan, Trinity MC Petaling Jaya, WMC Ipoh, CGMC Ipoh and Taiping Wesley. Many young adults as well as seniors attended. The course helped me to understand the culture and background in which the various books of the OT were written. As a result, it helped me to better understand the OT. Rev Joshua is an excellent teacher and he makes the lessons interactive, engaging and interesting. I would encourage all church members to sign up for this course, whether as credit or audit students. It will definitely help you to understand the various books of the OT which were written in Hebrew and Aramaic and of different genres. We look forward to the other modules to follow.

Tan Ying Kee – WMC Sitiawan's Lay Leader

It was about three years ago when I attended my first LPL module with the intention to learn more and grow deeper in my Christian faith. God has never failed to open my eyes to see more of Him in every LPL module I attended. The same goes for Old Testament module, particularly from this module, I am now able to better appreciate the significance of the Old Testament in the edification of my faith. It is indeed eye opening to better understand the greatness of God's love and mercy in His dealings with His people who consistently failed to be obedient to Him. Now as I read and study the Old Testament, I have a greater appreciation of it and no longer see it as the boring half of the Bible.

I would definitely encourage everyone who wants to grow deeper in their understanding of the Christian faith to attend the LPL modules. I genuinely believe that other youths and all the more adults can also greatly benefit from attending LPL modules. Adding to that, I would further encourage everyone to take the LPL modules as credit as completing the assignments and required readings definitely helps in understanding the subject matter to an even greater level.

Loh Xiu Ming, CGMC Ipoh

SFL - Food for the Soul



Through the 4 modules of SFL, I gained specific knowledge and saw how the modules flowed naturally from one to another throughout the entire course. SFL1 gave us a solid foundation of what Spiritual Formation is – “the process whereby the inmost being of the individual (the heart, will or spirit) takes on the quality or character of Jesus Himself” (Dallas Willard). Spiritual Leadership in church needs to be dependent upon the leading of the Holy Spirit as well as using wisdom learnt from life’s experiences. However, I’m aware that some leaders tend to use more Reason and Logic rather than being led by God’s Spirit. SFL 2 dealt with the challenges and traps of leadership where we worked through a list of high-risk characteristics for leaders. However, more than the knowledge shared, I learnt deeply from the transparent and authentic sharing of the facilitator. SFL 3 took us through the process of Spiritual Discernment. A prayer by Merton struck the core of my being as it articulated the desire of my often uncertain but earnest mind and heart, to seek

God’s direction. SFL 4 touched on the role of community in Discernment. I found the practical session on corporate discernment very helpful. We dealt with a case study and the input that was offered by different ones helped us to see how communal discernment can actually work in reality. My experience is like the tip of an iceberg compared to the enormous storehouse of knowledge waiting to be gleaned and assimilated into oneself in the process of transformation. In conclusion, I would seriously urge anyone who yearns for a closer and deeper walk with our God to sign up for this spiritual journey. A profound but delightful adventure awaits your discovery!



Lim Ai Leng
Wesley Methodist Church, Melaka

As an introvert, I thought that being silent would be an easy task until I realised that there were internal noises that I needed to overcome. Using some of the suggested scriptures, I was able to reflect and allow God's words to speak to me in a very personal way. God assured me that I can be like a tree planted by a river, having Him as my source of strength and love to do the work that He has called me to do. Coming to SFL 2, God spoke to me through the facilitator, Dr Herbert Tan, that leadership is ultimately a ministry of the heart. A leader influences others from the overflowing of the heart. Therefore, I need to guard my heart relentlessly, so that I can be sensitive to the leading of the Holy Spirit and lead with a discerning heart.

Ooi Vern Hau
Subang Methodist Church

I'm thankful for the opportunity of joining SFL 2019. It has brought me significant insight during the wilderness of my leadership journey. Through the teaching and reflection, God has graciously shown me my tendency of seeking certainty in my faith journey - the kind of certainty that leaves nothing to faith, nothing to God Himself. During my second retreat, I was recovering from my second miscarriage; God reminded me that He is the Sovereign God, the ultimate Healer and Life Giver. As I walked through two miscarriages in 2019, I am learning to love God for the sake of love rather than seeking the pleasure of answered prayer. I choose to be led by His love rather than just pursuing His promises and miracles that gives certainty.

Alice Hoo
Damansara Utama Methodist Church



The scheduled teaching sessions coupled with silence, solitude, reflection and meditation is indeed refreshing and renewing for my soul. I encountered initial problems with silence and solitude, but the quietening of my heart and mind was essential to encounter God, and dialogue (hear and talk) with Him over a stretch of time. The teaching sessions were well thought out and very pertinent to a laid-back leader like me. I learnt that a leader must lead from within, as he becomes an influencer of lives for God, shepherding as a wounded healer and knowing God's sovereignty in all of life. Every leader must guard his heart which is deceitful above all else. I am still learning to lead not just by doing but by being.

Kwan Swee Ching
Taman Ujong Methodist Church





Having attended two sessions of SFL, I now appreciate ICM's insistence that participants stay in during the entire three days, and the dominance of quiet times. For me, the long duration of solitude and silence was the only way to disengage any excitement, tension, and hurriedness associated with normal daily lives. The 'cooling down' was absolutely necessary for me to be in a tranquil state to ponder deeper and reflect wider about various topics introduced. The peeling and revealing of the concerned subject, layer by layer, with no time constraint is most enlightening and therapeutic for me physically, psychologically, and spiritually.

Dr. Yee Chow Boi
Wesley Methodist Church, Seremban

The spiritual practices of silence, solitude, scripture meditation, individual spiritual direction, liturgical prayers, input sessions and small group sharing of experience have enabled me to experience a deeper level of spiritual awareness – awareness of self and of God. Being more aware of what God maybe doing in each stage of my life in shaping my heart for what He maybe desiring to do in and through me has greatly helped me to see my true self - the person who God has made me to be. SFL has inspired me to continue to grow in my relationship with God and to allow Him to continue His work of transformation in me for the sake of others! SFL has indeed strengthen the soul of my leadership!



Christina Teoh
Damansara Utama Methodist Church



Reflections on TRAC Methodist Women 44th Session & Convention

‘Really? Are you sure she is coming?’ These were the questions thrown at us enthusiastically during one of our Ladies Fellowship, when we announced that YB Hannah Yeoh was going to be one of the main speakers for the convention. The response was so spontaneous - immediately 12 of us confirmed our attendance. So far, this was our best attendance from Kuantan Chapter.

The 44th TRAC Women’s Convention was held from 14-16 September 2019. Indeed, we had two wonderful, inspiring and impactful speakers in the persons of YB Hannah Yeoh and Ms Juliette Arulrajah. Their messages were so simple, direct and relevant. God has indeed spoken to me through the plenary speakers, workshop speakers and our TRAC President.

I always feel that I am so insignificant in my life but God opened my eyes to see that He values me more than the sparrows and lilies of the field, it is here today and gone tomorrow.

One of the speakers stressed on the important roles of women in the family. As women, we need to spiritually nurture our children and grandchildren. We need to pray and never lose heart. Proverbs 22:6 says: Train up a child in the way he should go, when he is old, he will not depart from it.

There is much food for thought as to what we can do especially for the Sunday School Ministry as it is the most important ministry in the church. We truly

have to preserve the next generation for the Lord! We need to walk the talk instead of talk to walk. God can transform us. If He can give us hearts to serve, nobody can take it away from us.

All work and no play makes Jack a dull boy. The ‘Fun Nite’ was indeed fun to its word. Everyone was caught up in an air of excitement, bonding and teamwork as we cracked our heads together to solve the mystery of the code etc. It was a night to showcase the talents and creativity of our ladies. Bravo and kudos to the senior ladies who were so sporting! None of us was insignificant in the eyes of the Lord.

In summary, the plenary sessions and the workshops were inspiring and impactful, informative and insightful. Not forgetting to mention the excellent work done by Betty Tan and her EXCO Team from Trinity PJ. The well-organised team, seeing to all our needs, contributed to the success of the convention.

I left the convention with a conviction that whatever it is, I will put myself in God’s hands. I am God’s masterpiece. I know that He will melt me, mould me and make me into the kind of person that He wants me to be..... a significant woman.... a woman of substance and strength!

To God be the Glory.

By Jenny Tay
Wesley Kuantan





MW ladies during praise and worship

Opening Service by
Rev Ashok Amarasingham,
District Superintendent, Central District 2

Joining the convention was a spontaneous act without much thoughts. Our impressive speakers gave simple, true and relevant testimonies. Placing their trust and faith in the hands of God and more important, walking the talk.

Ms Juliette highlighted and opened my eyes to look at the meaning of significant women. Giving two powerful words - substance & strength! A woman of substance has the courage to overcome tough times in her life and pursue her goals because she stands for what she believes in and never gives up on her values and virtues.

I left the convention with a disturbed and searching heart - coming home with much food for thoughts.

By Soh Suan Choo
Wesley Kuantan

This is my first time attending MW Convention. At the convention, I learnt that we're God's masterpiece. He has created us anew in Christ Jesus, so that we can become women of significance.

During the convention, I saw many elderly ladies from various churches. Some of them have knee pains and some walk with walking sticks. I feel so proud of them. If they can come regardless of their health, what are we young ladies doing?

Now, with God's strength, I want to place my hands in Him. I want to serve and worship Him. Whatever I do Lord, I do not for status or power but out of obedience to You.

By Shirley Hew
Wesley Kuantan

The women whom I met at the convention are amazing and pleasant. Even though they do not know me, they greet me with smiling faces. That really boost me up!

They are all wonderful, especially the senior ladies. They are pro-active, fun and cooperative. Above all, they sacrificed their time and provided support by attending this convention. All these contributed to the success of the convention, one way or other.

I left the convention with much food for thoughts on the messages and stories shared by the speakers. The speakers were direct and impactful. Their messages speak to my heart. The poem shared by our Mr President make me ponder and reflect on my self-value. Will I be able to turn something insignificant to something of significance to others? What can I do with my pair of hands that God has blessed me with? I will use them to serve, to praise and to pray. I know that as long as I put my life into God's hands, He will transform me to be a significant woman.

By Cindy Ong
Wesley Kuantan

A short speech by Conference Lay Leader
Mr Yap Koon RoyTRAC MW President Mdm Theresa Yip
with Deputy Minister of Women,
Family and Community Development,
YB Hannah YeohWorkshop Speakers Samantha Yeoh (left)
and Heidy Quah, founder and director of
Refuge For The Refugees with TRAC MW
President Mdm Theresa Yip



One of the MW ladies enjoying a facial massage by Workshop Speaker Kimberly Foo



From left to right:
Mrs Grace Jeyakumar, TRAC MW Counsellor;
Juliette Anulrajah, Plenary Speaker and
Transform World Southeast Asia Co-Regional
Facilitator and Training Chairman of the
Singapore Methodist Missions Society; and
TRAC MW President Mdm Theresa Yip



Workshop Speaker Kimberly Foo,
Training Manager in one of the world's
major cosmetics groups

MW Convention 2019 - THE SIGNIFICANT WOMAN
The sixty four thousand dollar question?
How significant am I?

To myself

In my moment of grandiose and self-righteousness
, I profess I am significant

But in my moment of depression and self-pity, I
am not

To others.....

When I hold a high position of leadership I am
significant

But when I hold a back stage role I am not
To God.....

I am not indispensable

HE will raise up another to replace me

I'm only significant to HIM when I'm willing
to say humbly: Here I am, send me

This is the answer I found at the convention

By Dr Tong Wai Sin
Wesley Alor Setar

Many good people have been asking me how do
I occupy my time or what do I do. For me, my
significance does not come from the things I do or
from what I have. At the recent MW Convention,
bearing the theme "The Significant Women," I felt
more assured that I am the beloved daughter of
our Heavenly Father. And that the ministry that I
do need not come in the form of a position to hold.
Still I can significantly contribute to the ministry
of His Kingdom.

By Grace Jeyakumar
TRAC MW Counsellor



TRAC President Rev Dr. T. Jeyakumar
at the Closing Service



The Methodist Women with YB Hannah Yeoh



MW ladies warming up the day with
People Bingo



Sharing a funny moment during
People Bingo

TRAC METHODIST WOMEN CONVENTION

Theme: The Significant Women

I am a 2nd generation Christian who accepted and gave my life to our Lord Jesus Christ during a Methodist Youth Convention in 1981. I also grew up as a girl brigadier from age 16, moving on to serve as a Lieutenant at the 1st Kuantan Girls' Brigade company. Participating in camps, trainings, workshops and conventions is not something new to me. So, when there was an invitation to attend the TRAC Methodist Women Convention this year, as always, I forgo the registration deadline because I was more into serving Him in the kids' ministry. I did not expect God to have plans for me in the MW.

The Wesley Methodist church in Kuantan sent 12 participants this year. This was the largest group which attended the MW event in our church's history. Our pastor's wife had to cancel her trip in less than 24 hours before our departure to Shah Alam. I received a call from our TRAC MW honorary secretary, Mrs Chua Loo Ee, to request me to consider filling up the vacancy. I told her that I was planning to complete my backlogs from the office during the long weekend and went home to inform my husband about the invitation. That night, God prompted me to put my priorities right and I agreed to participate, not knowing what God has in store for me.

All the years in church, I could not see the significance of this MW group in our church until I joined them in this convention. There is a plan in our local church for the MW group to support our kids' ministry which I was not aware of. For years, the kids' ministry has been trying to recruit and train up younger church members to take over the current aging workers (between 55-65 years old). During the TRAC MW Convention, the TRAC MYF President, Ms Celine Choong said that we cannot, out of the blue, without establishing any sort of relationship with the youths, to instantly get them to serve in the ministries. God was speaking to me through this young lady. We need to establish relationships with others to bring about a dynamic change. God wants me to be

a "bridge" between the MW and kids' ministry in our church.

I did not feel significant, but I know, God always has my best interest in His mind. I only need to give Him my best, wherever He has placed me.

As I was gathering feedbacks from the other participants, I believed that the name "YB Hannah Yeoh" was the pulling factor resulting in such a big participation from our church. We agreed with YB Hannah Yeoh's strong belief that, family is the building block of our nation, and parents, especially mothers, must ensure the correct upbringing of their children.

Some participants wanted to give moral support to our local Methodist Women and were blessed with the knowledge that, we are more precious than the lilies of the field. We were truly encouraged by the speakers who place their trust and faith in the hands of God and walking the talk. These women of substance had the courage to overcome tough times in their lives, standing up for who and what they believe in.

Another sister said that she did not attend just because she's a committee member, but she knew that she will be encouraged by the other women from other chapters, to build a better community for God and to be a better servant for God.

Rev. Ashok Amarasingham said, "We salute all women who love the Lord and work tirelessly in all areas of church life." – Amen to that!

We would like to thank the organising team of the TRAC Methodist Convention 2019 for their endless commitment and hard work in ensuring that all participants benefit richly and to God be all glory!

By Susie Phua
Wesley Methodist Church, Kuantan



Sharing amongst peers



Some of the MW ladies behind the scenes



MW ladies enjoying tea break



Haknook Jenang Dedication on 31st October 2019



Artist impression of the new building



Old building



Newly built



D6 Malaysia 2019: Redeeming The Generations

by Dr. Yee Chow Boi
Southern District Lay Leader



President (SCAC) Rev. Dr. Tie King Tai



President (TAC) Rev. Dr. Dennis Raj
praying for the conference



Dr. Herbert Tan (Organising Chairman) and
workshop speaker - Austin Sia

D6 Malaysia 2019 Conference – Redeeming the generations - was hosted by Full Gospel Assembly, Kuala Lumpur from 1st to 3rd August. The 421 participants came from different parts of Malaysia as well as overseas. **Methodists made up one-half of the attendees, and TRAC was represented by 98 pastors and lay members.** There were three languages: English with Dr Tim Kimmel, Mandarin with Rev Moses Tey, and Bahasa Malaysia with Pdt Dr Dwidjo Saputro as the respective plenary speakers.

Tim Kimmel's key message is grace-based relationship, given that we humans are imperfect. Grace-filled marriages, grace-based families, grace-based discipline, and grace-based partnerships of church and families free us from the bondages of fear, shame, and comparisons in the materialistic world. Tools are suggested so that the initiatives taken are guided by God's truth and tempered by His grace to live out a life of discipleship, which in turn serves as impactful and influential examples to the next generation.

Workshops were offered also in three languages over 2 days by distinguished speakers from India, East & West Malaysia and Indonesia. Other than Dr. Tim Kimmel covering relevant and challenging issues faced by church and family, the following lists the wide choice of workshops to provide every participant resources helpful to their church or personal needs.

Connecting Church & Home / Grace-based Grand Parenting by Dr. Tim Kimmel
 Gereja dan Keluarga / Memuridkan Keluarga dalam Cabaran Kesihatan Mental by Pdt Dr. Dwidjo Saputro

家庭：上帝国度建立的中心 / 门训你的家庭 by 郑摩西牧师

Preparing the Church for A Family-friendly Culture by Pr. Matthew Ling

Growing a Family Ministry / Growing a Missional Family by Rev. Dr. PC Mathew

Bridging the Generation Gap in Discipleship / Mengurangkan Jurang Generasi dalam Pemuridan by Dr. Herbert Tan

教会和家庭：不要失去下一代 by 池金代博士

Ministering to Single Mums by Mdm. Loh Ling Ming

Parenting in the face of Mental Health Issues by Dr. Yeo Pei Li

Family Ministry Best Practices by Pr. Lillian

Discipling Families with Pre-Schoolers by Rev. Dr. Samuel Ng

在心理健康的挑战中培育孩子 by 谢奕丰

儿童灵性的培育 by 陈倩明博士

Consultation sessions, led by various denomination leaders gave an opportunity participants to gather and reflect in their respective denominations to discuss take home key impressions for follow up action.

I talked to a number of people on their impressions of D6 conferences and below are two examples which serve as insights and encouragement for all of us.

Stanley Job and Lai Ming from Wesley Methodist Church Seremban and their four-year-old son Tristan have been attending D6 conferences since 2017 (when it was held in Singapore). They are convinced that parents/family play a pivotal role in discipling kids at home; and church comes along side to reinforce and

provide resources to aid the process of getting to know God. They appreciate that it is Bible-based parenting, not fear-based parenting.

Those areas this young couple find easy to implement are simple prayers during meals and bed times, singing worship songs, reading Bible stories to Tristan, and family prayer. The challenging areas are keeping Tristan

need repeated exposure to truths that apply to family life. It must be intentional and on-going through pulpit message, activities, relationships, newsletter, parent support groups, retreat, seminars, etc.

Among the opportunity areas, Theresa sees communicating the importance of family ministry and leading the parents and expecting them to do the

Keynote speaker - Dr. Tim Kimmel



Chinese Plenary speaker - Rev. Moses Tey



BM Plenary speaker - Pdt. Dr. Dwidjo Saputra



engaged, and dealing with some of Tristan's 'hard' questions, which then become opportunities for the parents to learn more.

Stanley and Lai Ming have made attending D6 an annual family activity, training, and self-development prospect. They especially want to find out more in future D6 conferences effective communication and relationship building among different generations and age groups. Finally, they recommend that all new parents should attend D6 as soon as possible (see D6 2020 details below) and not only when the parents encounter roadblocks with their children.

Theresa Yip, Associate Lay Leader, Trinity Methodist Church Petaling Jaya, & TRAC Methodist Women President, shares her reflections on D6 as a church leader. Her primary takeaway from D6 Conferences is that everyone in the family is a disciple of Jesus Christ. Therefore, we must let our roots grow deep into HIM and let our lives be built on HIM. However, in order to be successful the entire church across the board must be convinced and see the importance of family ministry and generational discipleship. Everyone must understand WHY this is important and here there must be Consistency, Communication and Coordination from top to bottom. And each church should have a customized plan to suit her own settings and resources born out of prayer.

Theresa thinks that whatever has been shared and taught in D6 Malaysia 2018 and D6 Malaysia 2019 are doable with the right training, support and encouragement given to families. However, to be effective, it must be more than an occasional shot in the arm. People

necessary at home especially those with young children as the biggest challenge. Changing mindset and paradigm shift of people is crucial.

Looking ahead, Theresa would like to see more resources on communication with stakeholders like parents, grandparents, Sunday School teachers, ministry workers, and caregivers in discipling children. Alignment of common goals and journeying together will ensure better use of limited resources and unity in approach.

Like many others, Theresa has earmarked her calendar for the upcoming D6 conference. She regards it as one of the good resource avenues to learn and to be enabled.

D6 Malaysia 2020 will be held at DUMC on 30th July - 1st August 2020. The TRAC Board of Laity, AOG Marriage & Family Commission, Malaysia Baptist Convention Education Board, FGA Family Life, Family Ministries Malaysia, and DUMC will jointly organize the conference.



FGA Volunteers

Ordination at 44th Session Trinity Annual Conference



Pastor Anna being ordained



Pastor Anna and Pastor James Ong, during ordination



the newly ordained Elder (Pastor Anna Ng Hooi Woon) and Deacon (James Ong Joo Ern) together with the new Local Preachers



Ordination at 30th Session Persidangan Misi Sengoi Methodist



Rev Wah Muna A/P Bah Jadam
ordained Deacon



Rev Denni A/L Jugit & Rev Cheng
A/L Yok Tong ordained Elder



Trainees in Sengoi Workers Training Centre



TRAC Appointments For The Year 2020

EASTERN DISTRICT

District Superintendent: Rev Thomas Chin

Wesley MC Kuala Lipis	Rev Bernard Yogaraj, Pastor-in-Charge
Wesley MC Kuantan	Rev Eric Hue, Pastor-in-Charge
Wesley MC Raub	Rev Bernard Yogaraj, Pastor-in-Charge
Christ MC Bentong	Rev Bernard Yogaraj, Pastor-in-Charge

NORTHERN DISTRICT

District Superintendent: Rev Ronald Yap

Wesley MC Alor Star	Rev Aaron Ng, Pastor-in-Charge
Wesley MC Sg Petani	Ps Andrew Yeoh, Pastor-in-Charge (part-time)
Wesley MC Kulim	Rev Joshua Chia, Pastor-in-Charge
Wesley MC Butterworth	Ps Andrew Yeoh, Pastor-in-Charge (part-time)
Wesley MC Parit Buntar	Rev Joshua Chia, Pastor-in-Charge
Trinity MC Penang	Rev Ronald Yap, Pastor-in-Charge Rev Shearn Sya, Associate Pastor
Wesley MC Penang	Rev Ting Moy Hong, Pastor-in-Charge Ps Luke Ng Say Ming, Assistant Pastor

PERAK DISTRICT

District Superintendent: Rev Joshua Khong

Wesley MC Taiping	Rev Joshua Khong, Pastor-in-Charge Rev John Baru, Assistant Pastor
Wesley MC Sitiawan	Rev Victor Leong Chick Seng, Pastor-in-Charge
Wesley MC Teluk Intan	Rev Christopher Rao, Pastor-in-Charge
Wesley MC Kampar	Rev Elaine Low, Pastor-in-Charge
Grace MC Pasir Putih	Rev Lim Chaw Leong, Pastor-in-Charge
Bercham MC	Rev Anna Ng, Pastor-in-Charge
Wesley MC Ipoh	Rev Dr Timothy Ong, Pastor-in-Charge Ps Wong Chun Mun, Assistant Pastor
Canning Garden MC	Rev Dr Andrew Tan, Pastor-in-Charge Rev Yu Chiew Song, Associate Pastor Rev Richard Leow, Associate Pastor
Living Faith MC	Rev Lim Chaw Leong, Pastor-in-Charge

CENTRAL DISTRICT 1

District Superintendent: Rev Andrew Lim

Wesley MC Kuala Lumpur	Rev Andrew Lim, Pastors-in-Charge Rev Lester Lim, Assistant Pastor Ps Thomas Jie, Assistant Pastor Ps Jonathan Chan, Assistant Pastor
Whispering Hope MC	Rev James Ong, Pastor-in-Charge
Wesley MC Kepong	Rev Henry Yong, Pastor-in-Charge
Living Stone MC	Rev Lucy Lee, Pastor-in-Charge
Faith MC Cheras	Ps William Kwong, Pastor-in-Charge
Christ MC Ampang	Rev Tan Chew Mae, Pastor-in-Charge
Grace MC Sentul	Rev Koe Swee Kee, Pastor-in-Charge
Trinity MC Sg Buloh	Rev Buell Abraham, Pastor-in-Charge

TRAC Appointments For The Year 2020

CENTRAL DISTRICT 2

District Superintendent: Rev Ashok Amarasingham

Wesley MC Klang	Rev Ashok Amarasingham, Pastor-in-Charge
Living Hope MC	Rev Gaurri Maniam, Pastor-in-Charge
Subang MC	Ps Robert Khaw, Pastor-in-Charge
SSMC	Rev Dr Ng Swee Ming, Pastor-in-Charge
Trinity MC PJ	Rev Dr Ng Kok Moi, Associate Pastor
	Rev Paul S. Christie, Pastor-in-Charge
	Rev Joshua Hong, Associate Pastor
	Ps Lewis Loke, Assistant Pastor
Life MC Puchong	Rev Eric Tan, Pastor-in-Charge
Emmanuel MC	Rev Thomas Chin, Pastor-in-Charge
Damansara Utama MC	Ps Chris Kam, Pastor-in-Charge
	Ps Mike Ngui, Associate Pastor
	Ps Tan Moy How, Associate Pastor
	Ps Kelvin Yong, Associate Pastor
	Ps Jonathan Yeoh, Associate Pastor
	Ps Gilbert Tan, Associate Pastor
	Ps Alex Tan, Associate Pastor
	Ps Eddy Marson, Associate Pastor
	Ps S. Ravindren, Associate Pastor
	Ps Sam Krishnan, Associate Pastor
	Ps Christopher Manivannan, Assistant Pastor (Part-time)
	Ps Cheah Seuk Poh, Assistant Pastor (Part-time)

SOUTHERN DISTRICT

District Superintendent: Rev Joshua Hong

Wesley MC Seremban	Rev Yong Wai Yin, Pastor-in-Charge
Taman Ujong MC	Rev Yong Wai Yin, Pastor-in-Charge
Wesley MC Melaka	Rev Teoh Lee Yng, Pastor-in-Charge
	Rev Danny Chiew, Assistant Pastor
Taman Asean MC	Rev Teoh Lee Yng, Pastor-in-Charge
	Rev Danny Chiew, Assistant Pastor
Wesley MC Segamat	Rev Woo Kit Sang, Pastor
Wesley JB	Rev Wong Mun Wah, Pastor-in-Charge
Nusajaya MC, Johor	Rev Chang Choy Quin, Pastor-in-Charge

Special Appointments

PMSM Superintendent	Rev Bah Saha
Seniors Ministry Director	Rev Hwa Jen
Seniors Ministry Associate Director	Rev David Loo
Prayer Coordinator	Ps Robert Khaw
National Youth Director	Rev James Ong
Part-Time Coordinator in PMSM	Rev Richard Leow

JANUARY			JULY		
05-22	Sun- Wed	Jeremiah School (Starts/Breaks)	01-03	Wed-Fri	PMR MOT – English in KL
10-12	Fri-Sun	ICM Retreat-The Mindful Christian	07	Tue	UPSR Coaching (Lg Lamai: June 6-July 7)
11	Sat	1st Exec Board Meeting - TRAC	08-10	Wed-Fri	PMR MOT – Chi/Iban/BM in Sibu
29	Wed	Jeremiah School Resumes	11	Sat	OLM-Plus – Southern District
25	Sat	Statistical Returns to be submitted by Churches	14-16	Tue Thu	BOM Retreat with President
FEBRUARY			17-19	Fri-Sun	ICM Retreat - Life Beyond Loss and Grief
15	Sat	ICM-Oasis @ Ipoh Wesley	25	Sat	Statistical Returns to be submitted by Churches
23	Sun	Jeremiah School Ends	25	Sat	ICM Oasis @ CGMC
26	Wed	Ash Wednesday	27-30	Mon-Thu	ICM Retreat – A Quiet Retreat for Pastors
MARCH			AUGUST		
06-8	Fri-Sun	Spiritual Formation & Leadership Weekend (SFL) 3	01-02	Sat-Sun	ICM-CSI Workshop on Discernment (Pt 1)
14	Sat	OLM Plus - Eastern District	03-06	Mon-Thu	ICM-CSI Retreat on Discernment (Pt 2)
14-15	Sat-Sun	BCE Revitalizing SG Ministry – PJ Trinity - Roslind	06-08	Thu-Sat	GCMW 12th Session
15-18	Sun-Wed	Youth Prayer Conference (Melaka Wesley)	14-16	Fri-Sun	Joint Board in PDMC
16-19	Mon-Thu	PMSM Pastors School	16	Sun	3rd Exec Board Meeting - PDMC
APRIL			20	Thu	OLM-Plus – Central District 1
5	Sun	Palm Sunday	29	Sat	Youth Ministry Partners Training (Southern – JB)
9	Thu	Maundy Thursday	SEPTEMBER		
10	Fri	Good Friday	03	Thu	ICM Journey 2020 - Closing & Graduation
12	Sun	Easter Sunday	6-9	Tue-Fri	TRAC MSF Camp
14-17	Tue-Fri	TRAC Pastors School	08-11	Tue-Fri	General Conference 12th Session @ Eastin Hotel PJ
25-26	Sat-Sun	ICM Co-Sojourners' Internship (CSI) Workshop	11-13	Fri-Sun	ICM Retreat – It's the Syop that Keeps You Going
MAY			12-13	Sat-Sun	BCE Revitalizing SG Ministry – WMC Melaka - Lim Ai Leng
01-02	Fri-Sat	TRAC Worship Conference	18-20	Fri-Sun	TRAC MW Conference
09	Sat	2nd Exec Board Meeting- TRAC	25-27	Fri-Sun	Spiritual Formation & Leadership Weekend (SFL) 4
09	Sat	Youth Ministry Partners Retreat – Perak - Ipoh	OCTOBER		
15-17	Fri-Sun	ICM Retreat – Come & See	2-3	Fri-Sat	ICM Mental Wholeness Seminar @PJ Trinity
19-21	Tue-Thu	Methodist School for Intercessors at PDMC	14-18	Mon-Fri	ICM Retreat – Walk with Jesus
21	Sun	Ascension Day	21-23	Mon-Wed	PMSM 31st Session
24	Sun	Aldersgate Sunday	NOVEMBER		
30-31	Sat-Sun	BCE Revitalizing SG Ministry- WMC Pg -William Lim	06-08	Fri-Sun	ICM Retreat – Spirituality in the Ordinary (Young Adults)
31	Sun	Pentecost Sunday	14-17	Sat-Tue	TRAC 45th Session
JUNE			17	Tue	4th Executive Bd Meeting in PDMC (substantive members only)
06	Sat	UPSR Coaching (Lg. Lamai: June 6-July 7)	21	Sat	ICM-CSI Graduation
11	Thu	ICM Journey 2020 Starting	24	Tue	National Youth Missions (Lg Lamai: Nov 24 – Dec 1)
16-20	Tue-Sat	ICM Retreat - 5-Day Individually-Directed Retreat	29	Sun	1st Sunday in Advent
			DECEMBER		
			04-06	Fri-Sun	ICM Retreat – Reflecting on My Year with God
			09-13	Wed-Sun	YLDP 2020 (Chenderiang)
			25	Fri	Christmas Day
			31	Thu	Watchnight Covenant Service

Family Discipleship

a roadmap for family transformation



D6 FAMILY CONFERENCE

30 July - 1 August 2020
DUMC, Dream Centre
Petaling Jaya



About D6

D6 is a non-denominational family ministry movement connecting church and home to intentionally empower parents, homes, marriages, leaders, and churches to live out the story of Deuteronomy 6 and to pass on a spiritual legacy for future generations.



Speakers

DR. TIMOTHY PAUL JONES

Timothy Paul Jones serves as the C. Edwin Gheens Professor of Christian Family Ministry and as associate vice president at The Southern Baptist Seminary, the flagship school of the Southern Baptist Convention and one of the largest seminaries in the world. Dr. Jones also serves as a pastor at the Midtown congregation of Sojourn Community Church in Louisville.



REV. MOSES TEY

Moses Tey is with Chinese Ministries International of CRU and his calling and passion is equipping church leaders through biblical exploration of how God builds His church and the family. Moses' team serves in China (2.5 million live attendance), USA, and parts of SE Asia. Annually, he engages local church leadership in Malaysia in his course Theology of the Family in partnership with MBTS Centre for the Family.



ENGLISH WORKSHOPS

1. **Preparing Your Church for Family Discipleship**
Step by step exploration on how to manage change in the church culture to grow towards a more family friendly culture for transformation of families.
2. **Framing a Road-map for Family Discipleship**
How to develop a framework for mapping family discipleship in the church using various strategies and resources
3. **Developing a church-based ministry to families**
Case study exploration of an example of how to minister to families in an urban church setting
4. **Maximizing Faith Nurture of Teenagers**
How can church and home partner in discipling teenagers in the face of influences of the digital culture
5. **Maximizing Faith Nurture in the Transformative Years of Children**
How can church and home partner in discipling children (1-12 years old) in building the foundations for lifelong discipleship
6. **Role of Prayer in Family Transformation**
Exploring the strategic importance of prayer for family life transformation and discipleship

REGISTRATION (includes tea, lunch, & notes only)

Early Bird 1: RM150 (November 1 to December 31, 2019)
Early Bird 2: RM200 (January 1 to April 30, 2020)
Regular: RM250 (May 1 to June 30, 2020)
Online Registration: bit.ly/d6malaysia2020
Info: d6malaysia.com

Schedule

30 July: 8 pm - 10 pm (check-in registration starts at 6pm)
31 July: 9 am - 6:30 pm
1 Aug: 9 am - 6:30 pm

28th TRAC MSF Camp

8-10 October 2019

160 participants

Speakers: Rev. T. Jeyakumar, Rev. Ng Swee Ming, Ms Chrisanne Chin, Ms Sarah Aye



Berita TRAC is a newsletter of the Trinity Annual Conference of the Methodist Church in Malaysia. We welcome articles, contributions, comments and feedbacks that will edify the TRAC churches. The editor reserves the right to edit and publish selected submissions. Please forward all enquiries, comments and contributions to: admin@trac.org.my or call 03-7954 2836 website: www.trac.org.my